



GENERAL GRAND CHAPTER – HEART COMMITTEE

Secretaries: Please read at your February and March Stated Meetings. ☺

February 2014

Dear LOVEly Members of the Pennsylvania Order of the Eastern Star:

Happy LOVE Month! Doesn't February just make you feel all warm and fuzzy inside! It's the perfect month to **GO RED!** I hope by now you have been lucky enough to purchase one of the *razzle - dazzling* key rings for the HEART Committee. If not, for just \$10, I will be pleased to have you join in on this love connection for good health and happy hearts. Remember, all profits stay in PA!

I am tickled pink to announce that February 7 is National Red Day. However, let's just use that as our kick-off for the next several months of heart happy work. Heart disease is the number one killer of women in the United States, claiming more lives than all forms of cancer combined. As we **WORK WITH HEART – SERVE WITH HEART** and strive to **IMPROVE OUR HEARTS** let us look for all the wonderful ways that you battle heart disease by not only eating healthy and exercising but also by doing kind and noble deeds for others. **Ta-da – ANNOUNCING – BLESS YOUR HEART!** How have you improved your life or the lives of others? What unique and exciting ways have you blessed the lives of family, friends and/or your communities? I want your stories and your photos, too. Now is the chance to share your personal story or to begin to create an awesome story of strength, courage and abundance. This is your chance to participate in an Eastern Star activity for absolutely no charge – just loads of LOVE! Everyday our good members set forth on a journey of greatness! This is the time to turn that into a real LOVE connection. Spread the message of love and uplift yourself and others.

I will be awarding the most outstanding stories with special prizes at Grand Chapter 2014 in York! Don't let your message go unheard! Stories and photos must be submitted to me at the address below. All submissions are due by May 31!

I hope that I can count on you to support me and make this a crowning success - for your heart – for your health – for your life! Get ready, get set – **GO RED!** *Bless your hearts!*

With Love and Loyalty,



Rhonda M. Johnson, PGM -GGCCM – *Chairman of the HEART Committee*

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